

**2021 U.S. Masters Swimming 10K ePostal National Championship
Women**

Age Group	Place	First Name	Last Name	Age	Club Abbr	USMS Number	Time	Quality Points	USMS Record
30-34	1	Lindsay	Flores-Gaudinier	32	WCM	3813-06NAP	2:22:56.91	951	
35-39	1	Amy	Rust	36	NICK	041T-05E8E	2:30:06.99	894	
	2	Sarah	King	38	CONN	051G-07PBT	5:27:46.97	409	
40-44	1	Anna	Hern	41	UC48	4814-MCYEG	2:55:58.03	752	
45-49	1	Stephanie	Henry	47	IM	2114-09R25	2:36:07.96	895	
	2	Suzanne	Dearworth	49	PBM	501U-027H7	2:48:12.83	831	
50-54	1	Alison	Zamanian	51	WCM	3811-03FP1	2:17:50.72	972	
	2	Julie	May	54	SKY	411Z-06T3A	2:48:43.82	794	
	3	Robyn	Addie	52	UC12	121M-02E5P	2:59:47.50	745	
	4	Flavia	Medlin	54	O*H*	181H-02RHK	4:18:47.99	518	
55-59	1	Kimberly	Elsbach	58	DAM	381Y-D0NUT	2:30:56.79	974	
	2	Marcia	Cleveland	57	IM	211M-MC944	2:47:58.61	875	
	3	Cathy	Goodwin	56	PBM	501K-08CWV	3:13:39.99	759	
	4	Heidi	Bettendorf	57	PBM	501U-0B0PC	4:59:31.99	491	
60-64	1	Suzanne	Heim-Bowen	63	WCM	381X-03F3T	2:25:56.09	991	
	2	Tamara	Burton	63	PBM	5016-099CG	3:04:55.99	782	
	3	Melissa	Housmyer	62	UC48	4818-6PY1D	5:00:01.19	482	
65-69	1	Karen	Einsidler	65	SHARK	141X-01S73	2:29:44.42	1,030	Y
	2	Catherine	Rust	68	PBM	5013-06WNH	2:53:40.99	888	
	3	Jeanna	Summers	67	OREG	371P-000PT	3:31:55.63	728	
	4	Karen	Lewin	65	PBM	501S-06124	4:15:20.81	604	
70-74	1	Shirley	Loftus-Charley	70	VMST	121G-WATER	2:42:45.93	1,218	Y